

RECOMMENDED COUNSELORS

LAST REVISED June 2021

Each of the counselors listed below has a registered license with the Florida Department of Health that may be verified at the following website:

<https://mqa-internet.doh.state.fl.us/MQASearchServices/HealthCareProviders>

1. Jacksonville Counseling Services, LLC Rebecca Maxwell, LMFT MT3283
Sara Allen, Registered Mental Health Counselor Intern
Phone: 904.735.8730
Address: 13500 Sutton Park Dr. S. Suite 802
Email: jacksonvillecounseling@gmail.com
Website: jacksonvillecounseling.net
 - a. Couples, families, children and adolescents, individual counseling for anxiety/depression, grief, adjustment, general mental health
 - b. No insurance accepted at this time

2. New Day Ministries, LLC - Dr. Jennifer Santos Wright, Ph.D., LMHC – MH9026, Developmental Psychologist and Christian Counselor
Phone: 904.735.5025
Address: 2380 South 3rd Street, Suite 2, Jacksonville Beach, FL 32250
Email: admin@newdaymin.org
Website: newdaymin.org
 - a. Children, adolescents and adults, individual, couples and family counseling for anxiety, depression, grief, sexual abuse and a range of behavioral, emotional, relational and adjustment issues
 - b. No direct insurance billing, you may be eligible for out of network reimbursement
 - c. Accepts HSA and credit cards

3. Living Well Therapy and Coaching – David Tolbert, LMHC – MH8992 and associates
Address: 800 Third Street, Ste B, Neptune Beach, FL 32266
Phone: 904.242.6318
Email: info@livingwelljax.com
Website: livingwelljax.com
 - a. Gottman Method Couples Counseling, EMDR, trauma and PTSD, addictions, infertility, anxiety, depression, sensory processing disorders
 - b. Adults, adolescents, children
 - c. No direct insurance billing, may be eligible for out of network reimbursement

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4. Elbow Tree Christian Counseling, LLC
Phone: 904.559.1944
Jax Beach Address: [408 4th Street North, Jacksonville Beach, FL 32258](#)
St. Augustine Address: [38 South Dixie Highway, St. Augustine, FL 32084](#)
General Email: turnhere@elbowtreeflorida.com
Owner Email: hayne@elbowtreeflorida.com
Website: elbowtreeflorida.com
 - a. Individuals, couples, premarital, children, pre-adolescent, adolescents, adults, seniors, first responders (firefighters, EMT paramedics, and law enforcement), military and veteran, trauma, anxiety, depression, adjustment disorders
 - b. Diverse team of like-hearted counselors offering counseling and spiritual direction along the north Florida coast.
 - c. Self-pay (HSA/credit/debit, check or cash)

5. Michael Stapleton, Jr., LMCH, MH7103
Phone: 904.502.1952
Address: [145 Hilden Road, Suite 108, Ponte Vedra, FL 32081](#)
Website: stapletonconsultingservices.com
 - a. Specializing in men's issues, marriage, pre-marital counseling, unwanted sexual behaviors, trauma, anxiety, family issues, teens, first responders/military, adoption, spiritual health
 - b. Ages 12+
 - c. Self-pay, provides out-of-network reimbursement receipts, some EAP

6. Debbie Davis, LMHC, MH12512
Address: 1309-109 St Johns Bluff Road N. Building B, Jacksonville, FL 32225
Phone: 904.307.8123
Email: ddavisocounseling@gmail.com
Website: debbiedavisocounseling.com
 - a. Individuals, teens 15+, couples
 - b. Marital, premarital, affair recovery, grief/loss, mood disorders, adjustment disorders, life stage changes, anxiety, depression
 - c. No insurance accepted at this time
 - d. Can provide superbills for out of network filing, acceptance of HSA cards
 - e. EAP's: Health Advocate, Anthem, New Directions

7. Elizabeth Southard, M.A., LMHC, MH13026
Address: 690-A West Macclenny Avenue; Macclenny, FL 32063
Phone: 904.400.0517
Email: elizabethsouthardlmhc@gmail.com

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- a. Individual, couples and family counseling; adults, adolescents and children; depression, anxiety, mood swings, trauma, grief, adjustment/general mental health
 - b. Accepts Aetna, Blue Cross, self-pay
8. Dr. Michelle Powell, MH18931
Address: 13500 Sutton Park Dr. S. Suite 802, Jacksonville, FL
Phone: 904.325.7770
Email: michellepowellphd@yahoo.com
Website: michellepowellcounseling.com
- a. Sex and pornography addiction, infidelity, betrayal, sexual issues, infertility, postpartum, prenatal, women's issues
 - b. Couples and individual therapy
 - c. No insurance accepted at this time
11. Dana Bridges, NCC, LMHC MH13598
Phone: 904.800.9422
Address: 6620 Southpoint Dr. S, #450-J, Jacksonville, FL 32216
Email: dana@gracechristiancounseling.net
- a. Website: gracechristiancounseling.net
Addiction, mood disorders, adjustment disorders, grief, marriage and families, military and veterans, teens and adults
 - b. Accepts Aetna, Tricare, Beacon/Military One Source, Humana, Magellan
12. Emily Yi, LCSW, SW11780
Phone: 904.357.0536
Address: 7900 Lone Star Road 32211
Online counseling available for FL residents
Email: emilykatyei@gmail.com
Website: parkwoodcounselingcenter.com
- a. Specializes with creative, gifted teenagers and their families, processing trauma, anxiety, depression, grief and all aspects of identity development (mental health, physical health, spiritual health, sexuality, boundaries, personality, etc)
 - b. Tricare or self-pay
13. Garlyn Lawrence, M.A., IMH20240
Phone: 973.362.6318
Address: 13500 Sutton Park Drive South Suite 802
Email: glawrencecounseling@gmail.com

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- a. Individuals, adolescents, couples, children, pre-marital, anxiety, depression
- b. Self-pay

14. Megan E. Atwood, M.A., LMFT – MT3470

Phone: 904.395.7133

Address: 2523 Herschel Street, Jacksonville, FL 32204

Email: meganatwoodlmft@gmail.com

Website: meganatwoodlmft.com

- a. Individuals, couples, premarital, children, pre-adolescent, adults, seniors, military and veteran, trauma, anxiety, depression, adjustment disorders
- b. Tricare, Aetna, Cigna

15. Kelly Roberts, LPC, LMHC – MH16920

Phone: 904.606.9566

Address: Crosswater Community Church – 211 Davis Park Road, Ponte Vedra Beach, 32081

Email: kelly@anchorofhopecounselor.com

Website: kellyrobertscounselor.com

- a. Individuals 18 + anxiety, grief, depression, communication skills, women's issues
- b. Accepts Aetna, United Healthcare, Cigna and Tricare; self-pay sliding scale

16. Stormy Seas Coaching and Counseling, LLC – Jen Wilburn, LMHC, CIC, MH13887

Phone: 904.646.8884

Website: stormyseascounselor.com

Address: 804 3rd St N, Suite AB, Neptune Beach, FL 32266

- a. Individuals, couples, adolescents, adults and seniors
- b. Anxiety, depression, grief/loss, childhood sexual assault, trauma, adjustment/life transitions, women's mental health, mental health related to managing disability/medical conditions, and general mental health
- c. Aetna, Cigna, self-pay (including HAS/FSA)

17. Brittney Werth, LCPC, LMHC, LCPC #7537 - MH14566

Phone: 904.994.2119

Website: brittneywerthcounseling.com

RECOMMENDED COUNSELORS

Each of the following counselors are licensed or certified through various organizations. Please contact them directly if you have any further questions.

1. Andy Jacobs, LCMFT
Phone: 904.758.4399
Address: 822 A1A North
Email: andy@ccajax.net
Website: ccajax.net
 - a. Individuals, couples, family counseling, depression, anxiety, addictions
 - b. No direct insurance billing, accepts HSA cards

2. Dr. Charles "Chuck" Coker, PhD, DMin, SPHR
Phone: 904.838.8585
Address: 1207 21st Street North, Jacksonville Beach, FL 32250
380 South 3rd St., Suite 2 Jacksonville Beach FL 32250 (Fri. only)
Email: cwcoker@lifethrive.com
 - a. Personal/individual, pastoral counseling, pre-marital, marriage, marriage retreats, corporate chaplain, personal and spiritual formation/development, military and general mental health/coaching
 - b. No direct insurance billing